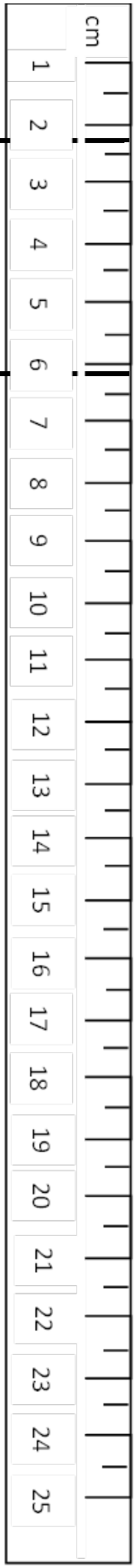
AMEP
Adult Migrant English Program
An Australian Government Initiative
75 years
empowering through language

English Ready

Course in EAL

VU22354 Recognise measurements in simple, highly familiar situations

Student Workbook



Student _____

_____

Teacher _____

Class _____

Date _____

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AMEP
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LWA

This workbook is designed to be used with the support of a teacher.

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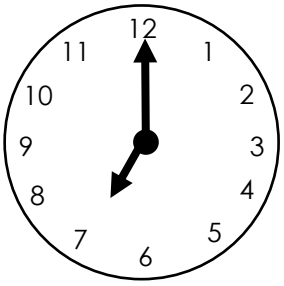
11. How much flour? 28
12. How much milk? 31

1. What's the time?

Monday morning

Listen and **repeat.**

am = morning



It's 7:00 am.

It's 7 o'clock.

It's 7:30 am.

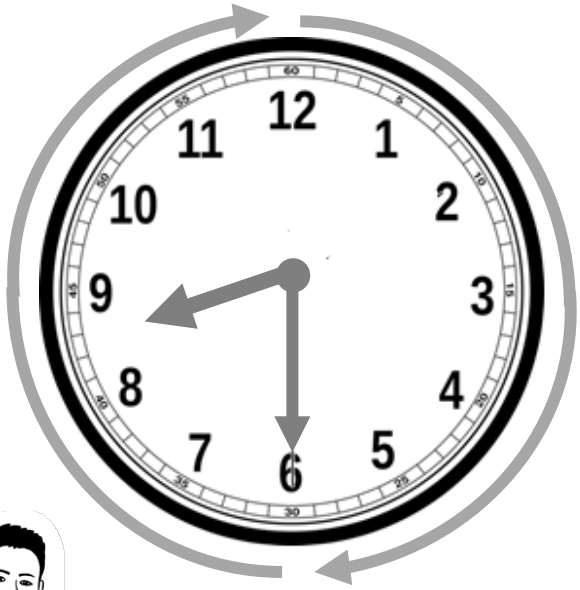
It's seven thirty.

It's half past seven.

It's 8 am.

It's 8 o'clock.

There are **60 minutes** in an hour.



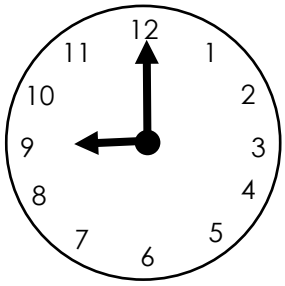
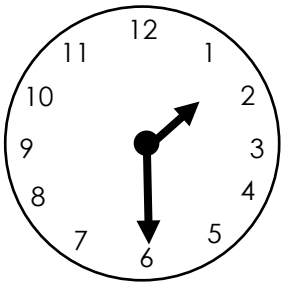
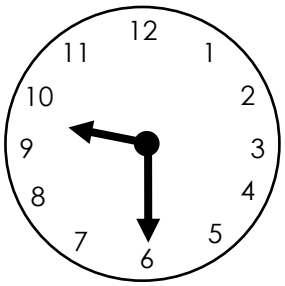
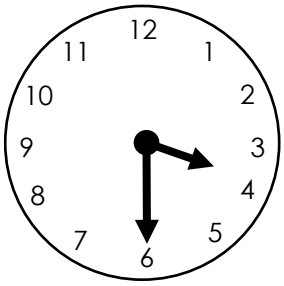
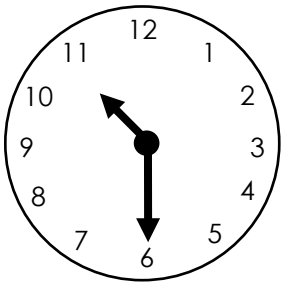
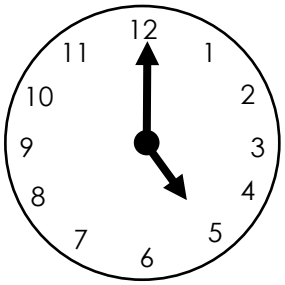
There are **30 minutes** in half an hour.

What's the time?

It's eight thirty.

It's half past eight.

Write the times.

am = morning	pm = afternoon
1.  9:00 am nine o'clock	**4.**  1:30 pm one thirty *or* half past one
2.  _____am nine thirty *or* half past nine	**5.**  _____pm three thirty *or* half past three
3.  _____am ten thirty *or* half past ten	**6.**  _____pm five o'clock

Work with a partner. **Point to** a clock.

Ask What's the time?

It's 9 o'clock.

It's nine.

Swap roles.

Tahiil's day

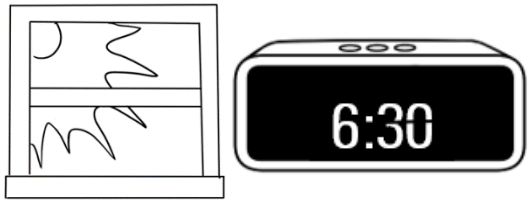
Listen and **repeat.**

Tahiil is a painter.

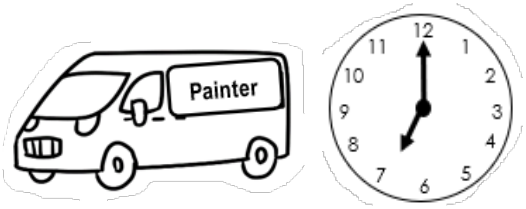
He works five days a week.

Today is Monday.

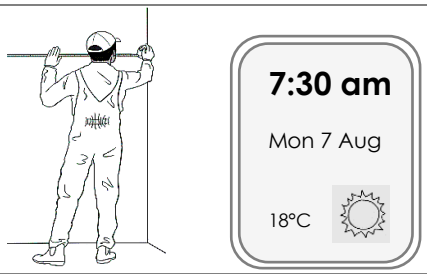
Write the times.



He gets up at _6:30_ am.



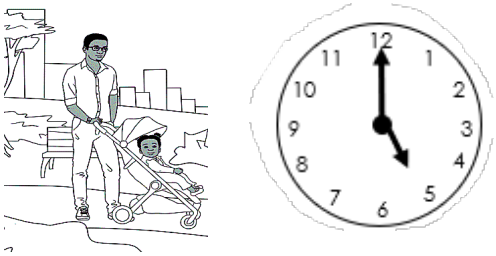
He drives to work at _____am.



He starts work at _____am.

He works for 8 hours.

He finishes work at _____pm.



He takes Hani to the park at _____pm.

Read to a partner.

Can Tahiil park the van here?

2 P

9 am – 5 pm

Mon - Fri

Listen to the teacher.

½ P = 30 minutes
1P = 1 hour
2P = 2 hours

He can park for **2** hours.

He can park between **9 am** and **5 pm**.

He can park from **Monday to Friday**.

Can you park here?

½ P

9 am – 5 pm

Mon –Fri

✓ **Tick** yes or no.

I can park for 1 hour . ☐yes ☐no

I can park between 9 am and 5 pm. ☐yes ☐no

I can park on Saturday. ☐yes ☐no

3 P

11 am – 6 pm

Mon – Fri

9 am – 12 pm

Sat

I can park for 3 hours. ☐yes ☐no

I can park at 10 am on Monday. ☐yes ☐no

I can park at 9 am on Saturday. ☐yes ☐no

I can park all day on Saturday. ☐yes ☐no

Talk with your partner.

Ask

What time can you park?

What days can you park?

4 P

8.30 am – 4 pm

Mon –Fri

2. What's the date?

Listen and **repeat.**

How many days?

There are **seven** days in **a week**.

a week	Monday	Tuesday	Wednesday
Thursday	Friday	Saturday	Sunday

How many days are in **a month**?

Open the Calendar on your phone.

This month is _____. It has _____ days.

Write the months.

28 or **29 days**	February
30 days	_____ _____ _____ _____
31 days	_____ _____ _____ _____ _____ _____ _____

January
February✓
March
April
May
June
July
August
September
October
November
December

Long and short words

Long words

BUNNINGS warehouse	Hours
Saturday	6am – 7pm
Sunday	7am – 7pm
Monday	7am – 7pm
Tuesday - Friday	6:30am – 9pm

Short words

	Hours (IGA)
Mon - Sat	7am - 9pm
Sun	7am - 8pm

Match.

Days

Long word	**Short word**
Sunday	Tues
Monday	Wed
Tuesday	Sun
Wednesday	Mon
Thursday	Sat
Friday	Thurs
Saturday	Fri

Months

Long word		**Short** word
1	January	Feb
2	February	Apr
3	March	Jan
4	April	Mar
5	May	Jun
6	June	May
7	July	Aug
8	August	Jul
9	September	Dec
10	October	Nov
11	November	Oct
12	December	Sept

Circle the dates.

1. **An electricity bill**

Electricity	Customer	69452301
Ms Nisha Kumar 56 North St Kellivale NSW	Due date	09 Aug 23
	Pay	$115.45

2. **A party invitation**

Come to
Dev's birthday party
Saturday 26 August
1 pm – 3 pm
56 North St, Kellivale

3. **A doctor's appointment**

Dr Myra Kidman
Medical Centre, Kellivale
Phone: 0495 626 469

Pari Kumar
has an appointment
on Tues 15 Aug
at 9:30 am

Circle the dates on the calendar.

August						
Sun	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Listen.

Circle the dates.

Listen to the teacher.

Say the date.

Write the date. Tues 15 Aug

Say the date. Tuesday the fifteenth of August

August						
Sun	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**
		1st first	**2nd** second	**3rd** third	**4th** fourth	**5th** fifth
6th sixth	**7th** seventh	**8th** eighth	**9th** ninth	**10th** tenth	**11th** eleventh	**12th** twelfth
13th thirteenth	**14th** fourteenth	**15th** fifteenth	**16th** sixteenth	**17th** seventeenth	**18th** eighteenth	**19th** nineteenth
20th twentieth	**21st** twenty-first	**22nd** twenty-second	**23rd** twenty-third	**24th** twenty-fourth	**25th** twenty-fifth	**26th** twenty-sixth
27th twenty-seventh	**28th** twenty-eighth	**29th** twenty-ninth	**30th** thirtieth	**31st** thirty-first		

Work with a partner. **Point** to a date on the calendar.

What's the date?

Thursday the tenth of August

Listen.

This month

Write the month and date numbers on the calendar.

This month is _____.						
Sun	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**

Write the days.

Sunday	Monday	Tuesday	
Wednesday	Thursday	Friday	Saturday

1. The first day of the month is _____.
2. The tenth day of the month is _____.
3. The fourteenth day of the month is _____.
4. The twenty-second day of the month is _____.

Circle the dates on the calendar.

1. Today's date _____
2. Yesterday's date_____
3. Tomorrow's date_____

Write the dates.

Work with a partner. **Point to** a date on the calendar.

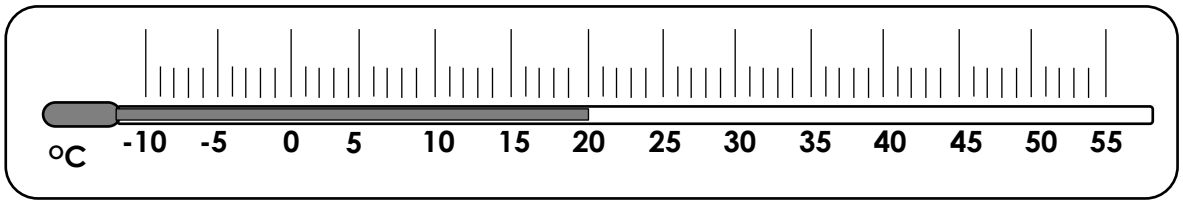
Ask What's the date?

3. Is it hot or cold today?

Listen and **repeat.**

Thermometers

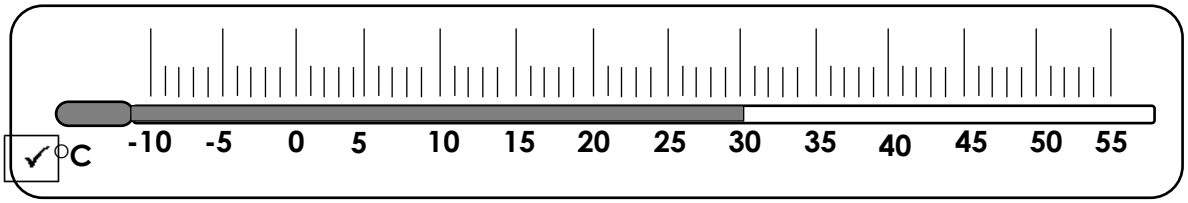
This thermometer measures **air** temperature.



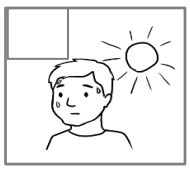
The temperature is **20°C**.

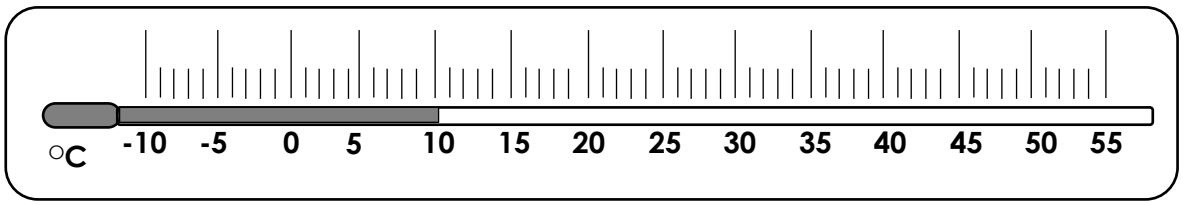
°C = *degrees Celsius*

Write the temperature.

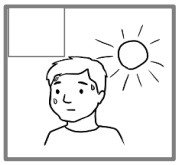


1. The temperature is _____ °C.

Tick. It's hot.  It's cold.



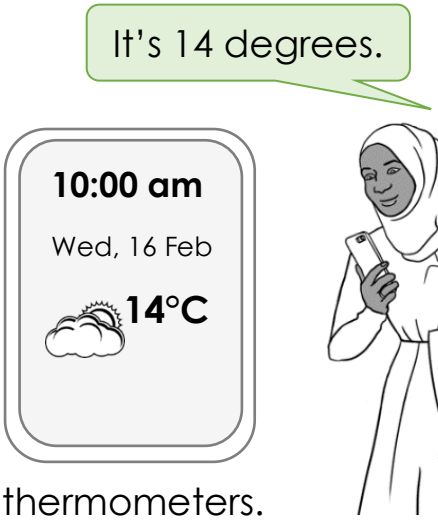
2. The temperature is _____ °C.

☑ **Tick.** It's hot.  It's cold.

Check the temperature.

Listen and **repeat.**

Sahra checks the temperature in the **morning**. It is 14°C.
She checks the temperature in the **afternoon.**



Colour the temperatures on the thermometers.

12 pm	2 pm	3 pm	4 pm
20°C	30°C	35°C	30°C

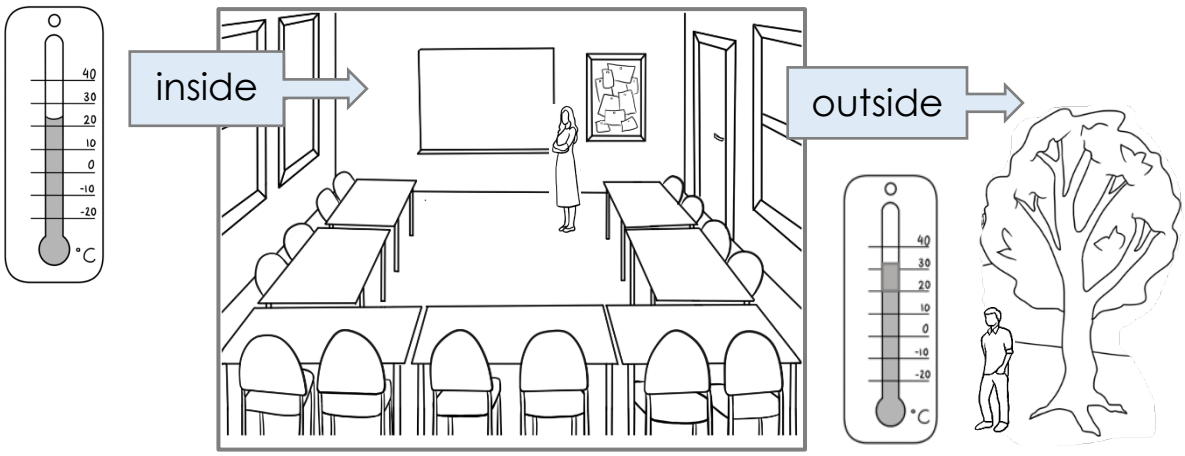
✓ **Tick** yes or no.	**Yes**	**No**
1. It's **colder** at 10 am than at 12 pm.	✓	
2. It's colder at 12 pm than at 4 pm.		
3. It **hotter** at 2 pm than at 3 pm.		
4. It's hotter at 3 pm than at 4 pm.		

Read to your partner.

Measure the temperature.

Put a thermometer somewhere **inside** the classroom.

Put a thermometer somewhere **outside.**



Work with a partner.

Write the temperatures for four days. Temp = temperature

Day and date	Temp inside the room	Temp outside the room

Write the dates.

1. It is hotter inside the room on _____.
2. It is hotter outside the room on _____.

3. It is colder inside the room on _____.
4. It is colder outside the room on_____.

4. Is Hani sick?

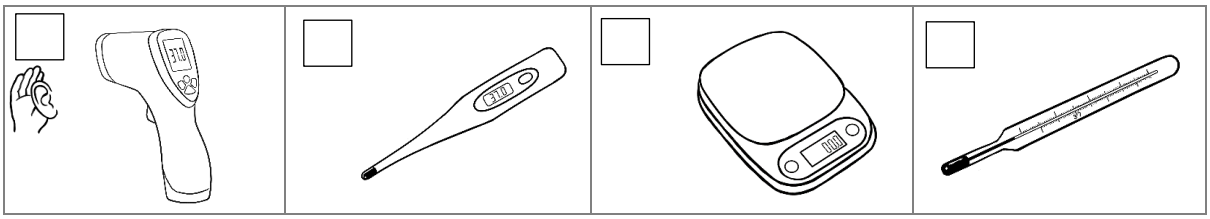
Listen to the teacher.

At the childcare centre

It is Monday morning.

Nisha checks Hani's temperature.

✓ **Tick** what Nisha can use.



Listen.

Nisha writes Hani's temperature in the book.

	Hani	Mon 7 Aug
Time	**Temperature**	**Why?**
9:30 am	37°C	Hani arrives.
12:30 pm	38°C	Hani looks sick.
12:45 pm	38°C	Hani leaves.

At 12:30, Hani looks sick.

She has a high temperature.

Her temperature is 38 degrees.

Sahra takes Hani home.

Read with a partner.

At home

Listen and **repeat**.

On Monday Hani is sick.

On Tuesday Sahra is sick.

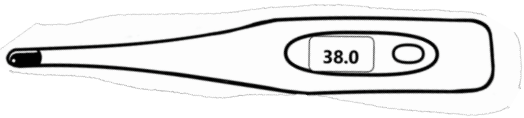
On Wednesday Tahiil is sick.

On Thursday Tahiil is **very** sick.

Read to a partner.

Listen.

Write the temperatures.



	Mon	Tues	Wed	Thurs
Hani	38°C	°C	°C	°C
Sahra	°C	°C	°C	°C
Tahiil	°C	°C	°C	°C

Write the temperatures.

On Monday, Hani's temperature is _____ degrees.

On Tuesday, her temperature is _____ degrees.

On Wednesday, her temperature is ____ degrees.

Read to a partner.

5. How tall are you?

Measure height

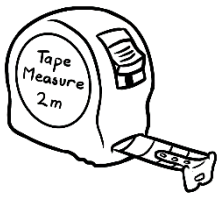
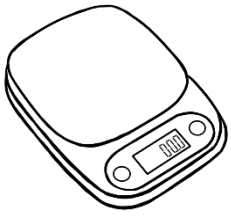
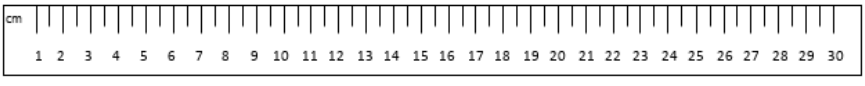
Listen and **repeat**.

Abdi is **taller than** Sahra.

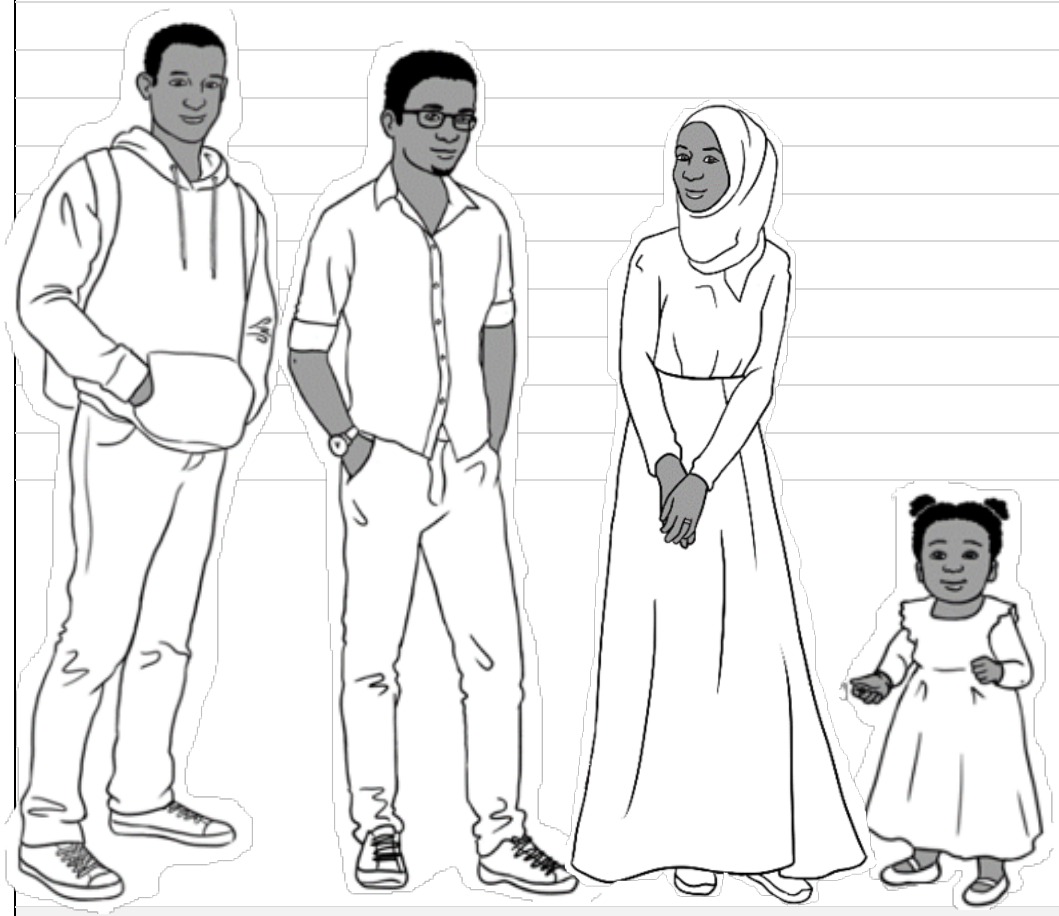
Sahra is **shorter than** Abdi.

They are <u>not</u> **the same height.**

✓ **Tick** the **best** tool to measure height.

☐  a tape measure	☐ string	☐  kitchen scales
☐  a ruler		

We measure height in **centimetres**.



Match the people to their height.

Abdi	169cm
Tahiil	87cm
Sahra	184cm
Hani	180cm

Write the names.

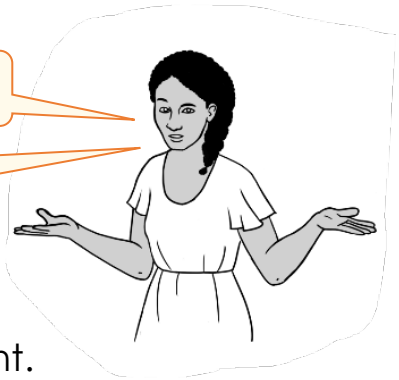
1. Abdi is taller than Tahiil .
2. Sahra is taller than _____.
3. Tahiil is shorter than _____.

Are Sahra and Abdi **the same** height?

Measure your height

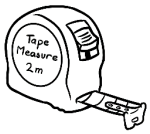
How tall are you?

How tall is your partner?



Work with a partner.

✓ **Tick** the **best** tool to measure your height.

☐ 

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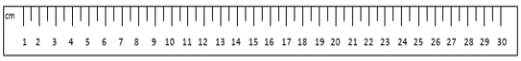
☐ 

Write the height in centimetres.

1. My height is _____cm.

cm = centimetres

2. My partner's height is _____cm.

3. I am _____ than my partner.
taller / shorter

How tall is your teacher?

Are you taller than your teacher?

Are you shorter than your teacher?

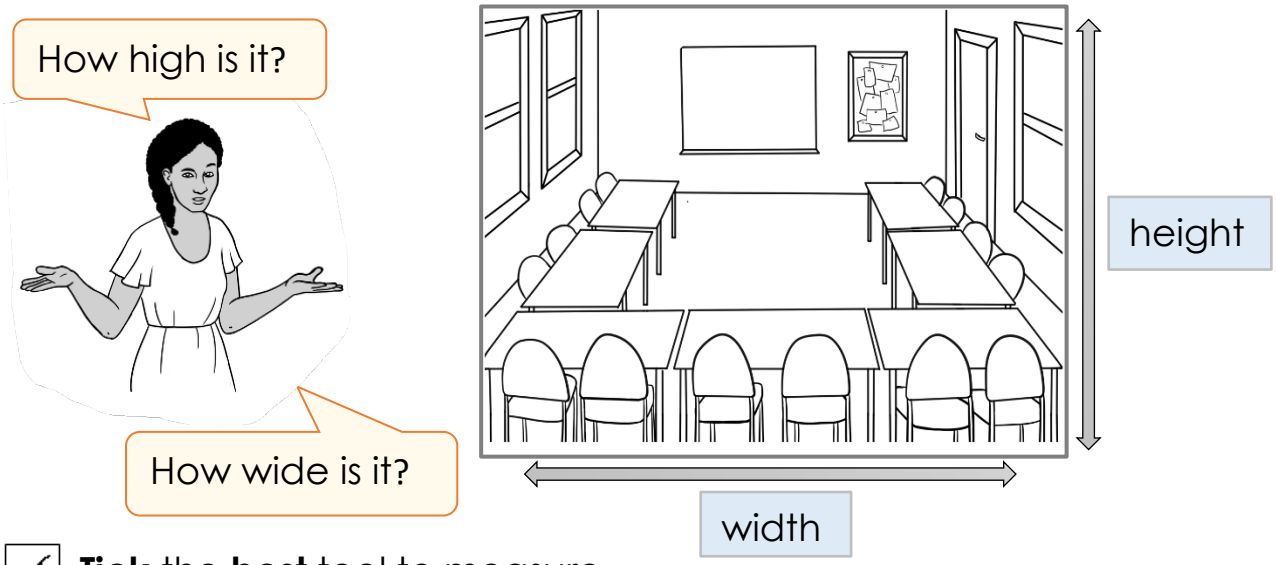
Write.

1. My teacher is _____ cm.

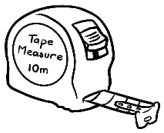
2. I am _____ cm.

3. I am _____ than my teacher.
taller / shorter

6. How high and wide is it?



☑ **Tick** the **best** tool to measure.

cm = centimetres **m** = metres	 30 cm ruler	 10 m tape
door		✓
window		
whiteboard		

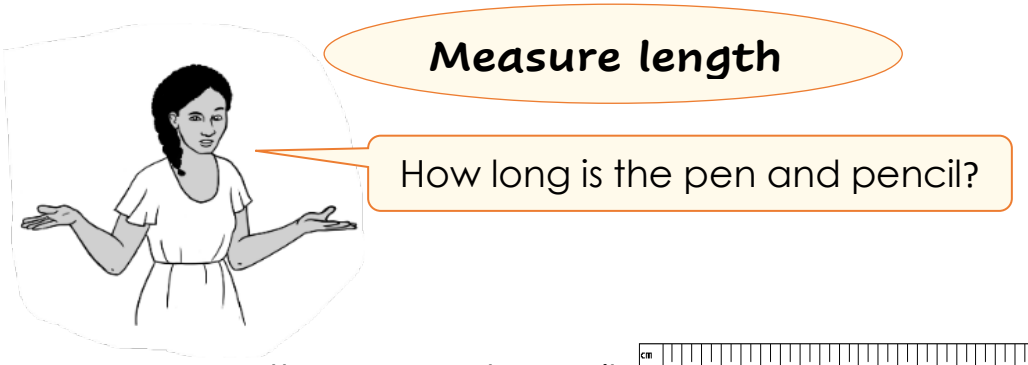
Write.

Measure	**height** cm / m	**width** cm / m
door		
window		
whiteboard		

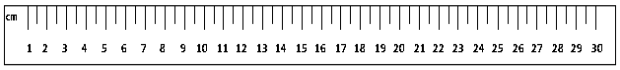
Talk with your partner.

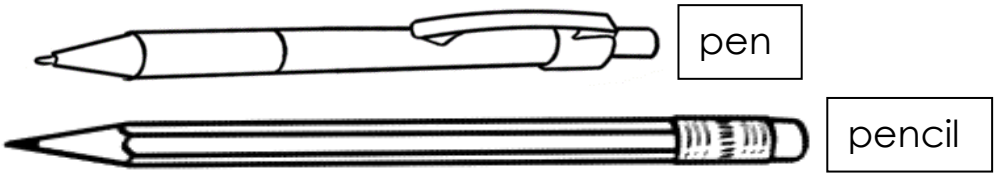
1. The door is **higher than** the window.
2. The whiteboard is **wider than** the window.

7. How long and wide is it?



Measure the pen and pencil.





Write the length in centimetres.

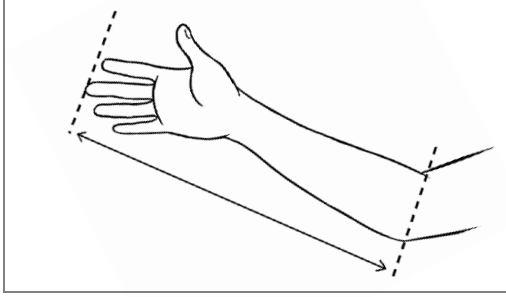
1. The pen is _____ cm long.

cm = centimetres

2. The pencil is _____cm long.
3. The pencil is **longer** than the pen.
4. The pencil is **shorter** than the pencil.

Work with a partner.

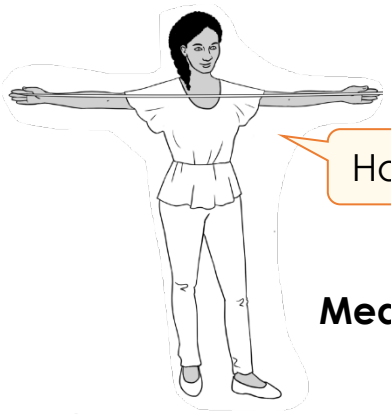
Measure the length of your arm and foot.

arm _____ cm	foot _____cm
	

Write about you and your partner.

1. My arm is _____ than my partner's arm.
   longer / shorter
2. My foot is _____ than my partner's foot.
   longer / shorter

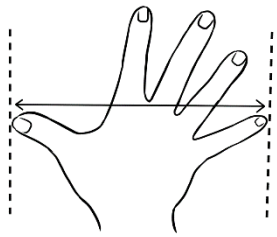
Measure width



Measure the width of your hands and arms.

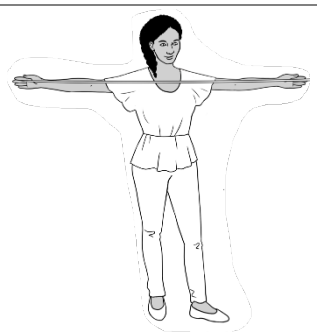
Work with a partner.

cm = centimetres



my hand _____ cm

my partner's hand _____ cm



my arms _____ cm

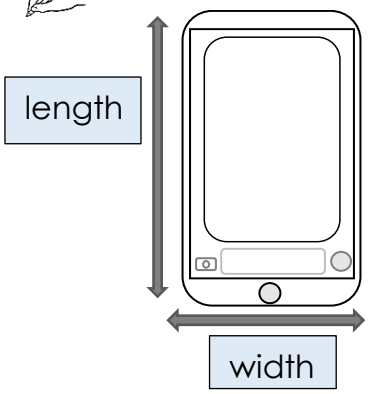
my partner's arms _____ cm

Write about you and your partner.

1. My hand is _____ than my partner's hand.
   wider / not wider
2. My arms are _____ than my partner's arms.
   wider / not wider

Measure your phone and your partner's phone.

Write the length and width.



1. My phone is _____cm long.
   It is _____cm wide.
2. My partner's phone is _____cm long.
   It is _____cm wide.

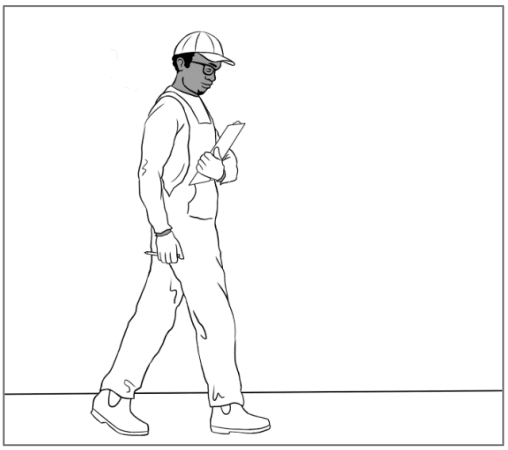
8. How far is it?

Listen and **repeat.**

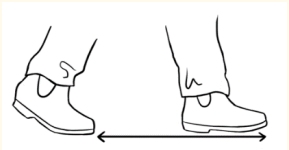
Tahiil is at work.

He measures a room to paint.

He counts his steps from the wall to the door.



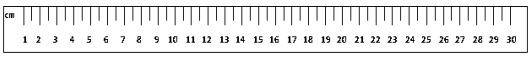
This is **one** step.



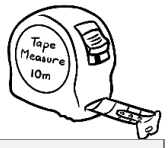
My step is 95 cm.

It's **shorter than** a metre.

Work with a partner.



Measure your step and your partner's step.



My step	My partner's step
My step is _____ cm.	My partner's step is _____ cm.

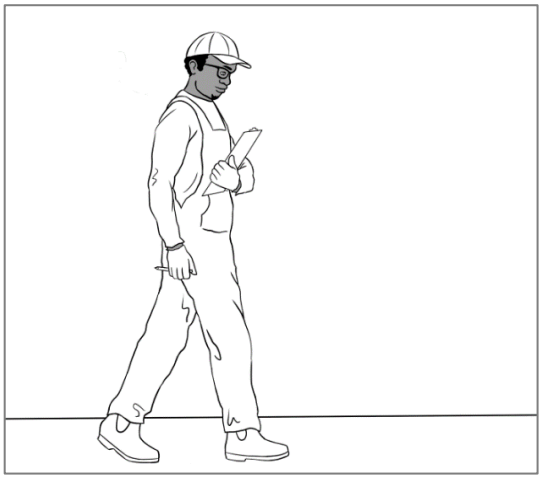
Write.

1. My step is _____ than a metre.
   shorter / longer
2. My step is _____ than my partner's step.
   shorter / longer
3. My step is _____ than Tahiil's step.
   shorter / longer

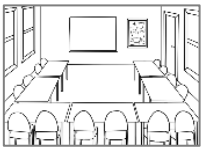
Read to your partner.

Listen and **repeat.**

Tahiil takes 10 steps
from the wall to the door.
Ten steps is **about** 10 metres.



Work with a partner. **Write** your partner's name.

Count the steps. **Write** the steps.	You	_____ partner's name
1. Walk from the door to the toilets.	_____ steps	_____ steps
2. Walk from the toilets to reception.	_____ steps	_____ steps
3. Walk from reception to the classroom. 	_____ steps	_____ steps

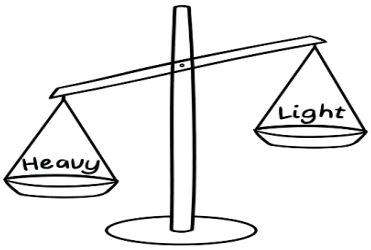
Write.

1. I take _____ steps from the door to the toilets.
It is **about** _____ metres.

2. I take _____ steps from the toilets to reception.
It is **about** _____ metres.

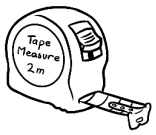
Read to your partner.

9. How heavy is it?



✓ **Tick** the tools to measure weight.

☐
bathroom scales

☐ 

tape measure

☐
kitchen scales

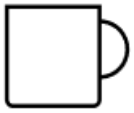
Work with a partner.

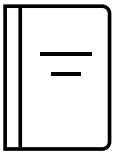
Measure the weight of things in the classroom.

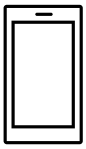
Write in grams or kilograms.

g = grams
kg = kilograms

water bottle


mug


book


phone

bag

_____ _____ _____ _____ _____

What's heavier? The bag is **heavier** than the book.

What's lighter? The phone is **lighter** than the bag.

Write.

My book is _____ g / kg.

My partner's book is _____ g/kg. It is _____.
lighter / heavier

My bag is _____ kg. My partner's bag is _____kg.

My partner's bag is _____.
lighter / heavier

10. How many litres?

Listen and **repeat.**

Bao and Ming work in the garden on the weekend.

Write the millilitres and litres.

ml = millilitre **L** = litre

bucket

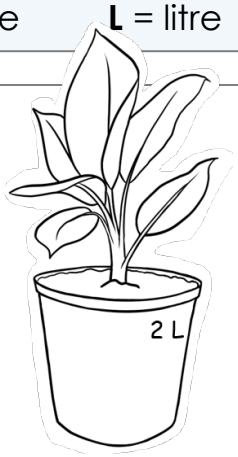
10 L

watering can

_____ L

small pot

_____ ml



big pot

_____L

bag of soil

_____L

Write the numbers.

1. The bucket holds 10 litres.

2. The big pot holds _____ litres.

The watering can holds _____ litres.

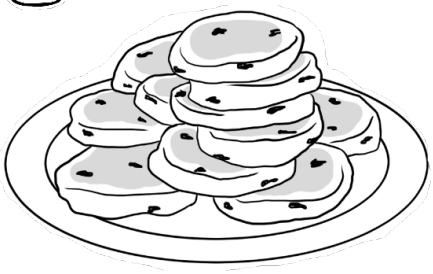
4. The bag of soil holds _____litres

Read to a partner.

11. How much flour?

Nisha's children love to cook.

Every Saturday they make pikelets.



Listen to your teacher.

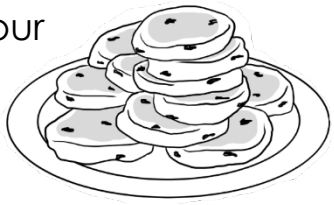
☑ **Tick** what is in the pikelets.

✓		self-raising flour
		nuts
		sugar
		bi-carb soda
		milk
		bananas

	coffee
	eggs
	dates
	rice
	oranges
	cocoa

A recipe

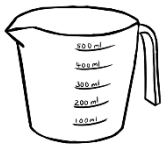
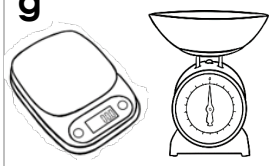
Orange and date pikelets



150 g self-raising flour
70 g sugar
½ tsp bicarb soda
2 eggs
125 ml milk
80 g dates
60 ml orange juice
1 tbsp orange rind

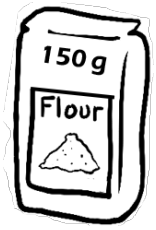
g = gram
kg = kilogram

ml = millilitres
L = litre

✓ **Tick** the measuring tools.	**tsp** teaspoon	**tbsp** tablespoon	**ml**  measuring jug	**g**  kitchen scales
flour				✓
sugar				
bicarb soda				
milk				
dates				
orange juice				
orange rind				

Heavy or light?

Is the flour **heavier than** the sugar?

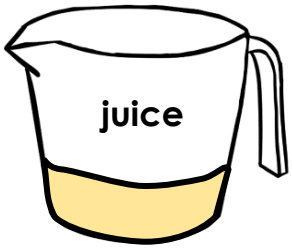


Read with a partner.

150 g flour is **heavier than** 70 g sugar.

70 g sugar is **lighter than** 150 g flour.

More or less?



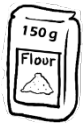
orange rind

bicarb soda

Read with a partner.

125 ml milk is **more than** 60 ml juice.

60 ml juice is **less than** 125 ml milk.

✓ **Tick** yes or no.	**Yes**	**No**
1. 70 g sugar is **heavier than** 80 g dates.		✓
2. 80 g dates are lighter than 150 g flour. 		
3. 125ml milk is more than 60 ml juice.		
4. 1 tbsp orange rind is **less than** ½ tsp bicarb soda.		

12. How much milk?

Pari and Dev make chocolate milk.

Listen.

Tick.

✓	milk	
	flour	
	cocoa	

eggs	
sugar	
bananas	

Match the measuring tool.

1 cup milk	teaspoon
1 tbsp cocoa	measuring cup
1 tsp sugar	tablespoon

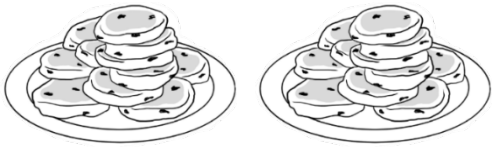
How much milk, cocoa and sugar for **two** people?

Double everything.

Chocolate milk for **one** person	**Double** for **two** people.
1 cup milk 1 tbsp cocoa 1 tsp sugar	**2** cups milk **2** tbsp cocoa **2** tsp sugar

Double the pikelet recipe.

Listen to the teacher.



Write the numbers to double the recipe.

This makes **20 pikelets**.	**Double** to make **40 pikelets.**
150 g self-raising flour	300 g self-raising flour
70 g sugar	_____g sugar
½ tsp bicarb soda	_____ tsp bicarb soda
2 eggs	_____ eggs
125 ml milk	_____ ml milk
80 g dates	_____ g dates
60 ml orange juice	_____ ml orange juice
1 tbsp orange rind	_____ tbsp orange rind